

Sept. 06

Squash Canada
Introduction to Competition Program
Minimum Standards for Training and Evaluation

Sport name:	Squash		
Generic context name:	Competition - Introduction		
Sport specific context name: English	Intro to Competition		

Outcomes and Criteria (English and French)

Context	Intro to Competition Club Coach Minimum Standard		Translations and Intro to Competition – Certified Club Coach Minimum Standards (additional)
Ethical Coaching	T E	<ul style="list-style-type: none"> Apply ethical decision making process - Multi sport Part A 	<ul style="list-style-type: none"> Make ethical coaching decisions (credited from Comp-Int multi-sport module)
Plan a Practice	T E	<ul style="list-style-type: none"> Plan lessons and training sessions for recreational and competitive intermediate players 	<ul style="list-style-type: none"> Submit a group training plan for competitive players
Design a Sport Program	T	<ul style="list-style-type: none"> Design a junior competitive seasonal program. (this is in addition to Multi sport Part B) 	
Analyze Performance	T E	<ul style="list-style-type: none"> Detect and correct intermediate performance errors 	<ul style="list-style-type: none"> Detect and correct performance errors in intermediate competitive players either in a group or as an individual

Sept. 06

Provide Support to Athletes in Training	T E	<ul style="list-style-type: none">• Instruct intermediate lessons and group training sessions• Use effective teaching principles and adapt to different athlete learning styles	<ul style="list-style-type: none">• Teach an individual lesson with a competitive player• Teach a Group training session for competitive players
Support the Competitive Experience	T	<ul style="list-style-type: none">• Integrate basic mental skills training into program• Give basic nutritional advice• Implement basic strategies that contribute to improved individual/team performance	
Manage a Program	T	<ul style="list-style-type: none">• Manage a squash program for recreational and competitive junior players• Develop coaching philosophy• Track progress of athletes	

Sept. 06

Elements of the Introduction to Competition Program Club Coach <i>Note: After the course, candidates have the option to be evaluated either as an Intermediate Instructor(Intermediate context) or a Club Coach (Intro to Competition Context) depending on their capabilities</i>	
--	--

English	French
Intermediate Coaching Course (2 ½ days) T – Plan lessons and training sessions for recreational and competitive intermediate players T – Design short term programs for recreational players and seasonal programs for competitive players. T – Detect and correct intermediate performance errors T – Instruct intermediate lessons and training sessions T – Manage a squash program for recreational and competitive players T – Implement strategies to enhance the competitive experience T – Develop coaching philosophy T – Track progress of athletes	

NCCP Intermediate Context – IN-TRAINING status awarded

Multi-sport module Part B T – Plan a basic sport program T – Use effective teaching principles and adapt to different learning styles T – Integrate mental training into seasonal program

NCCP Intermediate Context – TRAINED status awarded

Sept. 06

Club Coach Evaluation

E – Make ethical decisions

E – Detect and correct intermediate performance errors

E – Plan a competitive training session

E – Instruct lessons and group training sessions for competitive players

Squash Canada Requirements

- First Aid certification
- CPR certification
- D4 officiating certification

NCCP Intermediate Context – CERTIFIED CLUB COACH status awarded